



2016 BINATIONAL HEALTH WEEK

Calendar of Events October 3-21, 2016

Healthy Food Distribution Program
 Wednesday October 5, 2016, 4-5:30pm
 East Cliff Family Health Center
 21507 East Cliff Drive, Santa Cruz, CA 90562
 Fresh and healthy fruits & vegetables, CalFresh, Santa Cruz Public Libraries' book bike, Rethink Your Drink, Friends of Santa Cruz State Parks, Santa Cruz Community Health Centers

Watsonville Health Fair
 Friday October 7, 2016, 4-7pm
 Veterans Hall, 215 E Beach St, Watsonville
 Free blood pressure screenings, vision testing, health insurance information, CalFresh, DMV, immigration, diabetes, free flu shots, music and more!

Breast Health Event
 Sunday, October 9, 2016, 11am-2pm
 Pinto Lake County Park
 757 Green Valley Road, Watsonville
 Speaker Dr. Martha Sandoval, PAMF Family Practice, 5K Walk, yoga presentation & instruction, light meal/refreshments, giveaways, raffle prizes

Buena Vista Camp Health Fair
 Thursday, October 13, 2016, 6-8pm
 113 Tierra Alta Drive #201, Watsonville
 Buena Vista Migrant Camp, Watsonville
 Free blood pressure screenings, information on health insurance, CalFresh, diabetes, free flu shots, music and much more!

Santa Cruz Health Fair
 Friday, October 14, 2016, 5-8pm
 Beach Flats Park, 133 Leibrandt, Santa Cruz
 Free diabetes screenings, free flu shots, music, family movie, and much more!

For more information visit:
www.santacruzhealth.org/bhw
 We would like to thanks our sponsors!

