

SUBSTANCE USE DISORDER COMMISSION AGENDA

5:30 p.m., January 11, 2021

**Health Services Agency
1400 Emeline Ave, Bldg K, Room 207
Santa Cruz, CA**

Call: +1 (916) 318-9542 and enter conference ID 348 824 498#

OR

Join via video conference (no registration required): Email Sarah.Goytia@santacruzcounty.us for the meeting link

SUDC MEMBERS PRESENT: Colleen McMahon-Sepulveda, Lee Smith, Susie O'Hara, Christine Berge, Jozee Roberto, Robert "Bob" Pursley

SUDC MEMBERS EXCUSED: Jackie Heath

SUDC MEMBERS ABSENT: Jim Anderson

COUNTY STAFF: Sarah Goytia

AGENCY REPS: Brenda Armstrong, Kelly Sumner, Adriana Mata, Eric Ochoa, Karena Brewington

PUBLIC ATTENDEES: Ryan Stuart - Santa Cruz Sentinel

1.0 CALL TO ORDER, INTRODUCTIONS*

Meeting called to order 5:34PM

2.0 CORRECTIONS TO AGENDA

None

3.0 PUBLIC COMMUNICATIONS

What is the trend of SUD over the past year as it pertains to COVID?

4.0 APPROVAL OF MINUTES – September 14, 2020 and November 5, 2020

September 14, 2020 - Approved as transmitted

November 5, 2020 - Approved as transmitted

5.0 PROVIDER REPORTS

5.1 HSA Prevention – Christine Berge

100% HSA Prevention is grant-funded. Kudos to Brenda Armstrong for all the grant opportunities in Santa Cruz County. SUDC can advocate for more dollars to be allocated to Prevention.

Prop 64 "Thriving Youth and Community" grant - One million over 3 years. Prevention team is now housed in Public Health.

Partnered with PVPSA; Project X cessation in South County, hope to get North County.

Adriana Mata (PVPSA) is working on the clinical part of the project; HSA Prevention is administrative. All information is all posted on the PVPSA website, Santa Cruz City Schools will send out information as well. Students are virtual because of COVID. This is also on 211 as a resource, and will be added to the Recovery Wave website. First referrals will likely be self referrals, as well as probation. Everything is bilingual.

Ideas for outreach: League of women's voters ,homeschools, home parent organizations.

DUI Resource Center - funded by Office of Traffic Safety grant; partnered with Janus. Santa Cruz has a high number of multi-offenderers. This center was created to help people to navigate the system. The center provides assistance with Interlock devices, Restricted Driver's License Insurance (SR22), and pay fines. DUI resource center targets recidivism. The likelihood of each offence increases with each offence.

Drug Free Community (DFC) grant - Alcohol to go, during last decoy operation, 72% of minors received alcohol from 3rd party.

That's up from 7% in 2004. Need to have 3rd party licenced. And we need more licenced cannabis to offset black market.

Lee: SUD users are more prone to severe COVID infections because of health. Buzzed driving is drunk driving. Mixing cannabis and alcohol - polysubstance use.

5.2 PVPSA Outpatient & Prevention – Robert Pursley Jr.

Obtained certification for DMC, now serving ASAM levels .5 and 1. Got services up and running in April 2020. School based model of care. MH and SUD services achieve student success. Normally in a school, but because of COVID, delivering services

via telehealth. Not getting referrals because of home-based learning. Stress, anxiety, isolation and not being referred to service is becoming a challenge. Relying on peer, parent, and community referrals. Started home visitation service - "valor team" for students not logging in for school. Completed 100 home visits March through before winter break. Team found children taking care of children, older grandparents that can't read or write, and financial stressors, limited access to food. PVPSA supports students by supplying WiFi and food. Found there is a higher degree of disparity with South County and youth are at increased risk for SUD. Youth find it difficult to ask for help without the presence of caring adults. PVPSA will do outreach via radio, social media, and TV. CPS cases declining across the County.

PVPSA is funded by DMC and a few grants to supplement, such as DFC (upstream, prevention, early intervention). They will continue to advocate for prevention - working upstream to prevent SUD in our youth. We want healthy young adults.

5.3 Encompass Youth Services Outpatient and Day Treatment – Colleen McMahon-Sepulveda

Funding comes from DMC and SABG. They are community based - North and South, Counselors provide services in both and are partnered with each school. They provide MH and SUD counselors on campus. Encompass was about to open center in South County, but COVID happened 1 week before it would open; now it's on hold. They are experiencing similar challenges as PVPSA - difficulty connecting youth to services. Youth are in the home and don't want to be on the phone or video with family near or in the room because of confidentiality. They are meeting with youth outside. Have noticed youth are shutting down more, pulling back. Case loads are not much different, but sessions are shorter, so trying to do more frequent sessions. There are lots of no shows.

Colleen: Zoom is an opportunity to engage youth in schools. Youth are more inclined to reach out after an introduction.

6.0 REPORTS

6.1 Report of Chairperson

Suspended BH integration. Commissioners are eligible for integration with MHAB and there are openings.

6.2 Commissioner Reports

Christine - Will help put together a letter to BOS advocating for more Prevention dollars. **And to the next agenda.**

Jozee - Meeting with the new Supervisor next week.

Lee - Will respond to Manu's email. Supports MHAB/SUDC commission integration.

Susie - SUD strategic plan, where is HSA with meeting goals and objectives? Add to the next agenda.

Bob - Will meet with Erika (PVPSA) and continue discussions with South County.

6.3 HSA Substance Use Disorder Updates

Shiana - position is now vacant, actively recruiting.

Sarah - going on maternity leave, planning to be here over the next two weeks. Will be out March meeting and probably May. Will let the Commission know who will be taking over the role.

7.0 NEW BUSINESS

7.1 Current SUDC vacancies:

District #4, Caput (two seats)

Can be filled with persons outside of district

7.2 BH Integration and the Commission

Same as above

8.0 NEW AGENDA ITEMS AND DATE, TIME AND LOCATION OF NEXT MEETING

March 8, 2021 at 5:30 p.m. at Health Services Agency, 1400 Emeline Ave., Bldg K, Room 207, Santa Cruz, CA

8.1 Letter to BOS advocating for more Prevention dollars

8.2 Develop SUDC strategic plan

9.0 ADJOURNMENT

Meeting adjourned 7:56PM

If you need interpreter services for the hearing impaired, please contact Sarah Goytia at least three working days in advance of the meeting at 4544824 (voice) or use the California Relay System at 18007352929 (TDD).

Spanish language translation is available on an as needed basis. Please make advance arrangements by calling 454-4050.

Traducciones de ingles al espanol y del espanol al ingles estan disponibles. Por favor hagan arreglos por anticipo por telefono al numero (831) 454-4050.

* A quorum must be present in order for any matters requiring a vote to be acted on. A quorum shall be one person more than one-half of the appointed members of the Commission.