

County of Santa Cruz

HEALTH SERVICES AGENCY BEHAVIORAL HEALTH DIVISION



Salud Mental y Tratamiento del Uso de Sustancias

NOTICE OF PUBLIC MEETING MENTAL HEALTH ADVISORY BOARD

AUGUST 15, 2024 ♦ 3:00 PM-5:00 PM HEALTH SERVICES AGENCY

1400 EMELINE AVENUE, ROOMS 206-207, SANTA CRUZ, CA 95060 THE PUBLIC MAY JOIN THE MEETING BY CALLING (831) 454-2222, CONFERENCE ID 703 283 377#

Xaloc Cabanes Chair	Valerie Webb Member	Michael Neidig Co-Chair	Antonio Rivas Member	Jennifer Wells Kaupp Member
1 st District	2 nd District	3 rd District	4 th District	5 th District
Laura Chatham	Dean Shoji Kashino	Hugh McCormick	Celeste Gutierrez	Jeffrey Arlt
Member	Member	Member	Member	Secretary
1st District	2 nd District	3 rd District	4 th District	5 th District

Felipe Hernandez Board of Supervisor Member				
Tiffany Cantrell-Warren	Karen Kern			
Director, County Behavioral Health	Deputy Director, County Behavioral Health			
Stella Peuse – Youth Representative				

IMPORTANT INFORMATION REGARDING PARTICIPATION IN THE MENTAL HEALTH ADVISORY BOARD MEETING

The public may attend the meeting at the Health Services Agency, 1400 Emeline, Rooms 206-207, Santa Cruz. Individuals may click here to <u>Join the meeting now</u> or may participate by telephone by calling (831) 454-2222, Conference ID 703 283 377#. All participants are muted upon entry to prevent echoing and minimize any unintended disruption of background sounds. This meeting will be recorded and posted on the Mental Health Advisory Board website.

If you are a person with a special need, or if interpreting services (English/Spanish or sign language) are needed, please call 454-4611 (Hearing Impaired TDD/TTY: 711) at least 72 hours in advance of the meeting in order to make arrangements. Persons with disabilities may request a copy of the agenda in an alternative format.

Si usted es una persona con una discapacidad o necesita servicios de interpretación (inglés/español o Lenguaje de señas), por favor llame al (831) 454-4611 (Personas con Discapacidad Auditiva TDD/TTY: 711) con 72 horas de anticipación a la junta para hacer arreglos. Personas con discapacidades pueden pedir una copia de la agenda en una forma alternativa.

MENTAL HEALTH ADVISORY BOARD AGENDA

ID	Time	3:00 Regular Business		
1	15 Min	 Roll Call Public Comment (No action or discussion will be undertaken today on any item raised during Public Comment period except that Mental Health Board Members may briefly respond to statements made or questions posed. Limited to 3 minutes each) Board Member Announcements – correspondence to the Public Approval of July 18, 2024 minutes* Secretary's Report 		
		3:15 Standing Reports		
2	15 Min	July Patients' Rights Report – George Carvalho, Patients' Rights Advocate for Advocacy, Inc.		
3	15 Min	Board of Supervisors Report – Supervisor Felipe Hernandez		
4	45 Min	Behavioral Health Report: Tiffany Cantrell-Warren, Behavioral Health Director - 24/7/365 Mobile Crisis Response Update – Danielle Long, BH Program Manager - Suicide Prevention Plan Update – Andrea Turnbull, BH Program Manager		
5	20 Min	Crisis Now Academy Update – Jeffrey Arlt and Antonio Rivas		
		4:55 Future Agenda Items		
		5:00 Adjourn		

Italicized items with * indicate action items for board approval.

MENTAL HEALTH ADVISORY BOARD RETREAT IS ON:

AUGUST 16, 2024 ♦ 9:00 AM - 2:00 PM
HEALTH SERVICES AGENCY
1400 EMELINE AVENUE, ROOMS 206-207
SANTA CRUZ, CA 95060



MINUTES - Draft

MENTAL HEALTH ADVISORY BOARD

JULY 18, 2024 ♦ 3:00 PM - 5:00 PM SHERIFF'S OFFICE HEADQUARTERS 5200 SOQUEL AVENUE, SANTA CRUZ (IN-PERSON MEETING ONLY)

Present: Antonio Rivas, Celeste Gutierrez, Dean Kashino, Laura Chatham, Michael Neidig,

Valerie Webb, Xaloc Cabanes

Absent: Hugh McCormick, Jeffrey Arlt, Jennifer Wells, Supervisor Hernandez, Stella Peuse

Staff: Tiffany Cantrell-Warren, Jane Batoon-Kurovski

I. Roll Call – Quorum present. Meeting called to order at 3:04p.m. by Chair Xaloc Cabanes.

II. Public Comments

- Becky mentioned the Project Oasis Ranch which offers free art and nature therapy, animals, gardening, etc. for all people for support of mental health, especially for the underserved youth.
- Public member mentioned a 3-story building will be built for the homeless behind Homeless Matters. Still addressing the mental disability and confused on how the program works.
- Damien shared his personal story on how he lost so much and believes there has to be some structure.
- Robert brought article which states that 5150 is expected to worsen under CA law. Concern throughout the state due to increased funding that is available through Prop 1 to treat people in facilities. Treatment is forced drug and forced incarceration, conservatorships and concerned about the local impact in terms of the protections people have. Not clear what kinds of protections people get.
- Richard Lewis people in mental health programs, take one block in Watsonville and in Santa Cruz and think about serving everyone not just mental health.
- Public member stated there should be stations with Narcan around town so that they are accessible. Because of constant sweeps, they lose documents, and then can't get Medical, etc. Sweeps should be controlled and possessions to be safe guarded and not destructed.
- Mark from Santa Cruz Free Guide stated that approximately 1/3 of Santa Cruz High School students are now unhoused, they graduated to the streets throughout Santa Cruz County.
- Public member stated that the MHAB has the power to advise and encouraged the MHAB to have subcommittees to get more of this information to advise and hopefully make an impact.
- Troy stated the death toll in Santa Cruz County this year is 144, while last year there
 was a total of 142 homeless deaths for the entire year.
- Athena stated that mental health should be centered around poverty. Poverty is a mental health crisis.

III. Board Member Announcements

- July 2, 2024: second anniversary of 988.
- Chair invited to participate in an interview with Santa Cruz Voices.

IV. Business / Action Items

A. Approve June 20, 2024 Minutes.

Motion/Second: Dean Kashino / Antonio Rivas

Ayes: Antonio Rivas, Celeste Gutierrez, Dean Kashino, Laura Chatham, Michael

Neidig, Valerie Webb, Xaloc Cabanes

Nays: None Motion passed.

B. Accept the letter of recommendation with the changes as discussed requesting the Board of Supervisors to direct the BH Department to work with Police Department to reduce the way the raids/sweeps are conducted on the unhoused folks.

Motion/Second: Celeste Gutierrez / Antonio Rivas

Ayes: Antonio Rivas, Celeste Gutierrez, Dean Kashino, Laura Chatham, Michael

Neidig, Valerie Webb, Xaloc Cabanes

Nays: None Motion passed.

V. Reports

A. Secretary's Report – Secretary absent, no report.

VI. Standing Reports

- A. June Patients' Rights Report George Carvalho, Patients' Rights Advocate The June report was provided. George did not attend the meeting.
- B. Behavioral Health Director's Report Tiffany Cantrell-Warren, Director of Behavioral Health
 - Update on 24/7/365 mobile crisis response services Family Service Agency will start swing shift August 5th and expanding night shift coverage by August 19th.
 Coverage of licensed professionals (County staff) is currently being negotiated with the Union.
 - Fiscal Update Summary
 - Current CalAIM rates are 36% higher in neighboring Bay Area Counties than in Santa Cruz
 - IMD expenses will continue to increase
 - Productivity levels increased 20-36% across all County-staffed outpatient non-medical services, and 4% in medical services
 - Cost to County will increase:
 - As FFP services increase, 50% local match required
 - Unfunded mandates (capital projects maintenance, SB43, Care Court, IST) will incur costs
 - Prop 1 will reduce the community-based and early intervention services funded by MHSA by 30%, which is \$8-9M based on this year's MHSA distribution
- C. Crisis Now Academy Update deferred to the next meeting.

VII. New Agenda Items

- A. Vote on letter requesting the Board of Supervisors to direct the BH Department to work with Police Department to reduce the way the Raids (sweeps) are conducted on the unhoused folks
 - The board discussed the draft letter and voted to submit with the changes as discussed. See Section IV.B.
- C. Vote on the updated Santa Cruz County Code 2.104 to be discussed at the retreat.

VIII. Future Agenda Items

• Mike and Dean will do a presentation on the role of psych meds and involuntary treatment.

IX. Adjournment

Meeting adjourned at 4:55 p.m.

Summary

This is a July 2024, Patients' Rights Advocate Report from the Patients' Rights Advocacy program. It includes the following: telephone calls, reports, and emails. It includes a breakdown of the number of certified clients, the number of hearings, and the number of contested hearings. It also includes a breakdown of Reise Hearing activity, including the number of Riese Hearings filed, the number of Riese conducted, and the number that were lost.

Telecare Psychiatric Health Facility

On July 1, 2024, this writer received a call from a client held on a 5250 hold. This client had already requested a writ to bypass the 5250 Certification Review Hearing. I reviewed with the client the pros and cons of going to a writ hearing instead of the Certification Review Hearing. After some consideration she decided to revoke her writ to be eligible for the CRH.

Front Street Residential

On July 1, 2024, this writer received a report of resident-to-resident abuse. The report included information about an assault upon a resident allegedly commit by the roommate. Law enforcement was contacted, and the alleged perpetrator was taken to county jail. This writer confirmed law enforcement involvement by obtaining the incident number and the Santa Cruz Sheriff's deputy's name.

Wheelock

On July 17, 2024, this writer received a call from a resident of the Wheelock residential facility. The resident said that he had some questions about his medications and wasn't feeling well after taking some of the prescribed medication. He also said that he received medication support through Santa Cruz Mental Health. Initially, the resident felt that he could self-advocate to the nurse, but shortly after we hung up, he called and requested my advocacy services. This writer placed a call to Santa Cruz Mental Health and left a message on the Nurse line. A county nurse promptly responded and informed this writer that the resident's county nurse will receive the resident's message concerning his medication regimen.

7th Avenue Center

Received a phone call from a resident of the 7th Avenue Center on July 12, 2024. This client recently prevailed in a contested conservatorship hearing with 3rd party assistance, but this plan proved unsuitable, and the client has been returned to the facility. Still, the resident wishes to exercise her rights in the future. This writer continues to reach out to this resident but has not been successful. This writer does not feel the matter is settled until a conversation occurs and will continue to make efforts to communicate whether in person or by phone.

July 2024

First Quarter

1. TOTAL NUMBER CERTIFIED	25
2. TOTAL NUMBER OF HEARINGS	23
3. TOTAL NUMBER OF CONTESTED HEARINGS	13
4. NO CONTEST PROBABLE CAUSE	12
5. CONTESTED NO PROBABLE CAUSE	6
6. VOLUNTARY BEFORE CERTIFICATION HEARING	0
7. DISCHARGED BEFORE HEARING	2
8. WRITS	0
9. CONTESTED PROBABLE CAUSE	7
10. NON-REGULARLY SCHEDULED HEARINGS	0

^{*}One hearing uncontested but released due to facility error

Ombudsman Program & Patient Advocate Program shared 0 clients in this month

(shared = skilled nursing resident (dementia) sent to behavioral health unit or mental health client placed in skilled at Telecare (Santa Cruz Psychiatric Health Facility)

Reise Hearings. /Capacity Hearings

Total number of Riese petitions filed by the Telecare treating psychiatrist: 5

Total number of Riese Hearings conducted: 3

Total number of Riese Hearings lost: 3

Total number of Riese Hearings won: 0

Total number of Riese Hearings withdrawn: 0

Hours spent on conducted hearing representation: 2.5

House spent on all Reise hearings: Reise appeal: 0

Respectfully: Davi Schill PRA, George Carvalho, PRA