

County of Santa Cruz

HEALTH SERVICES AGENCY Behavioral Health Division



NOTICE OF PUBLIC MEETING MENTAL HEALTH ADVISORY BOARD SEPTEMBER 19, 2024, 3:00 PM-5:00 PM SOUTH COUNTY GOVERNMENT CENTER 500 WESTRIDGE, COMMUNITY ROOM, WATSONVILLE, CA 95076

Xaloc Cabanes	Valerie Webb	Michael Neidig	Antonio Rivas	Jennifer Wells Kaupp
Chair	Member	Co-Chair	Member	Member
1st District	2 nd District	3 rd District	4 th District	5 th District
Vacant	Dean Shoji Kashino	Hugh McCormick	Celeste Gutierrez	Jeffrey Arlt
Member	Member	Member	Member	Secretary
1 st District	2 nd District	3 rd District	4 th District	5 th District

Felipe Hernandez			
Board of Supervisor Member			
Tiffany Cantrell-Warren	Karen Kern		
Director, County Behavioral Health	Deputy Director, County Behavioral Health		
Stella Peuse – Youth Representative			

IMPORTANT INFORMATION REGARDING PARTICIPATION IN THE MENTAL HEALTH ADVISORY BOARD MEETING

The public may attend the meeting at the South County Government Center, 500 Westridge, Community Room, Watsonville. This location does not have the technology to allow participants to join virtually. This is an in-person meeting only.

If you are a person with a special need, or if interpreting services (English/Spanish or sign language) are needed, please call 454-4611 (Hearing Impaired TDD/TTY: 711) at least 72 hours in advance of the meeting in order to make arrangements. Persons with disabilities may request a copy of the agenda in an alternative format.

Si usted es una persona con una discapacidad o necesita servicios de interpretación (inglés/español o Lenguaje de señas), por favor llame al (831) 454-4611 (Personas con Discapacidad Auditiva TDD/TTY: 711) con 72 horas de anticipación a la junta para hacer arreglos. Personas con discapacidades pueden pedir una copia de la agenda en una forma alternativa.

MENTAL HEALTH ADVISORY BOARD AGENDA

Time	Regular Business		
3:00 - 3:15	 Roll Call Public Comment (No action or discussion will be undertaken today on any item raised during Public Comment period except that Mental Health Board Members may briefly respond to statements made or questions posed. Limited to 3 minutes each) Board Member Announcements Approval of August 15, 2024 and August 16, 2024 minutes* Secretary's Report 		
	Standing Reports		
3:15 - 3:25	August Patients' Rights Report – George Carvalho, Patients' Rights Advocate for Advocacy, Inc.		
3:25 - 3:40	Board of Supervisors Report – Supervisor Felipe Hernandez		
3:40 - 4:00	Behavioral Health Report: Tiffany Cantrell-Warren, Behavioral Health Director		
	- Suicide Prevention Plan: Close Public Comments – Andrea Turnbull, BH		
	Program Manager		
4:00 - 4:15	Crisis Now Academy Update – Jeffrey Arlt and Antonio Rivas		
	New Agenda Items		
4:15 - 4:25	Youth Report – Stella Peuse		
4:25 - 4:40	Formation of Committees (frequency, day, time)		
4:40 - 4:50	Discuss and vote on new day/time/frequency of regular meetings*		
4:50 - 4:55	Letter of Recommendation – HR8575 Request to all Behavioral Health Boards*		
4:55 - 5:00	Future Agenda Items		
5:00	Adjourn		

Italicized items with * indicate action items for board approval.

NEXT MENTAL HEALTH ADVISORY BOARD MEETING IS ON:
OCTOBER 17, 2024, 3:00 PM - 5:00 PM
HEALTH SERVICES AGENCY
1400 EMELINE AVENUE, CONFERENCE ROOMS 206-207
SANTA CRUZ, CA 95060



County of Santa Cruz

HEALTH SERVICES AGENCY Behavioral Health Division



Salud Mental y Tratamiento del Uso de Sustancias

MINUTES - Draft

MENTAL HEALTH ADVISORY BOARD

AUGUST 15, 2024; 3:00 PM - 5:00 PM 1400 EMELINE, ROOMS 206-207, SANTA CRUZ MICROSOFT TEAMS (831) 454-2222, CONFERENCE ID 703 283 377#

Present: Antonio Rivas, Celeste Gutierrez, Dean Kashino, Jennifer Wells Kaupp (arrived

3:31pm), Laura Chatham, Michael Neidig, Valerie Webb, Xaloc Cabanes, Stella Peuse

Absent: Hugh McCormick, Jeffrey Arlt, Supervisor Hernandez

Staff: Tiffany Cantrell-Warren, Andrea Turnbull, Danielle Long, Jane Batoon-Kurovski

- I. Roll Call Quorum present. Meeting called to order at 3:05p.m. by Chair Xaloc Cabanes.
- II. Public Comments 1 person addressed the MHAB in the conference room.

 No public comments via Microsoft Teams.
- III. Board Member Announcements
 - New resource: Medi-Cal website has materials for homeless service providers and community organizers.
 - Saturday Sept 7th, 10-12pm Zoom meeting for the first ever housing crisis town hall with elected officials attending.
 - Reminder to board members that there should be no reference of the MHAB on signature line for correspondence not voted on by the MHAB.
- IV. Business / Action Items
 - A. Approve July 18, 2024 Minutes with changes as discussed.

Motion/Second: Laura Chatham / Dean Kashino

Ayes: Antonio Rivas, Celeste Gutierrez, Dean Kashino, Laura Chatham, Michael Neidig, Valerie Webb, Xaloc Cabanes

Absent: Jennifer Wells Kaupp not present for vote

Nays: None Motion passed.

V. Reports

A. Secretary's Report – Secretary absent, no report.

VI. Standing Reports

- A. July Patients' Rights Report George Carvalho, Patients' Rights Advocate
 The July report was provided. George attended the meeting.

 George clarified the following:
 - Individuals are not transferred out of state to avoid Reise protections.
 - 39% of individuals are sent out of county
- B. Behavioral Health Director's Report Tiffany Cantrell-Warren, Director of Behavioral Health
 - The Director recommended the MHAB agendize and revisit the sweeps letter for another conversation to provide some additional clarification.
 - Suicide Prevention Strategic Plan, Andrea Turnbull, BH Program Manager
 - O Andrea stated that BH is working with the Suicide Prevention Services of Central Coast to form a Loss Team. They have a list of strategic plans and goals that they want to complete in this new update. Public comment is open, and individuals have an opportunity to respond by accessing a link to the strategic plan update on the BH website. All comments will be compiled at the end and brought to the BOS. After BOS approval, it will be posted on the BH website as the official plan. The plan is available in English and Spanish. Closing date is September 19, 2024.
 - 24/7/365 Mobile Crisis Response Update Danielle Long, Behavioral Health Program Manager
 - o BH is partnering with Family Service Agency to do mobile crisis response between 4:30pm and 8am in the entire county. There are currently 8 team members and hiring 5 new staff. Once they have all five new hires, they will be fully staffed and will be able to work overnight hours. They anticipate they will be fully staffed within the next 45 days.
 - BH is partnering with Watsonville Community Hospital to have youth brought to their ED. Pacific Clincs is working with youth on 5585 determining whether they can safety plan with them and have them go to a safe environment or if they still require inpatient hospitalization. Within the last 3 months, there were 43 total holds, 25 North County and 18 South County. 65% of youth on hold were seen by Pacific Clinics, 23% of youth were seen by MERTY, 30 transferred to BH units, and 1 was admitted to the hospital.
- C. Crisis Now Academy Update postponed to the next meeting.
- VII. New Agenda Items none.
- VIII. Future Agenda Items
 - Stella's last meeting is next month. She will be providing feedback to the MHAB about what would make this board better in supporting a youth's voice.
- IX. Adjournment

 Meeting adjourned at 4:44 p.m.



County of Santa Cruz

HEALTH SERVICES AGENCY Behavioral Health Division



de Sustancias

MINUTES - Draft

MENTAL HEALTH ADVISORY BOARD

AUGUST 16, 2024; 9:00 AM - 2:00 PM 1400 EMELINE, ROOMS 206-207, SANTA CRUZ MICROSOFT TEAMS (831) 454-2222, CONFERENCE ID 968 733 254#

Present: Antonio Rivas, Celeste Gutierrez, Dean Kashino, Jeffrey Arlt, Jennifer Wells Kaupp

(arrived 9:50am), Laura Chatham, Michael Neidig, Valerie Webb, Xaloc Cabanes

Absent: Hugh McCormick, Supervisor Hernandez, Stella Peuse

Staff: Tiffany Cantrell-Warren, Jane Batoon-Kurovski

- I. Roll Call Quorum present. Meeting called to order at 9:10a.m. by Chair Xaloc Cabanes.
- II. Public Comments none
- III. Ice Breaker Questions
 - What are the duties of the SCC Behavioral Health Advisory Board?
 - Represent the Santa Cruz community and allocate for and ensure the public mental health services are meeting the needs of the community.
 - Oversight and monitoring of local mental health county system; advocate for persons with mental health receiving county mental health services
 - Advise the BOS on matters concerning Mental Health and SUDS in the county, not just individuals under the BH department
 - To provide, advise, and recommend to the county the needs of our community and concerns that our community is facing related to mental health, funding and staff
 - To advise the BOS on matters related to behavioral health; to advise county behavioral health agency on matters related to mental health, and educate the community as to the issues
 - Support the community and staff as all need support, not just Medi-Cal recipients
 - To ensure the County of Santa Cruz provides the best mental health support that it can for our community

- Advocate to the BOS and represent Santa Cruz public interest in all behavioral health and wellness needs
- What would you like to see accomplished?
 - Progress towards ideal crisis response system
 - New meeting date/time
 - Understanding of duties/justification
 - Equitable use of resources/funds for unhoused folks
 - Improve youth support
 - More funding/staffing
 - BOS action on recommendations
 - Opening of the 24/7 Youth Stabilization Center to allow for different levels of care and support in Santa Cruz, calling it the "Keep them Home" campaign
 - Peer Support
 - Make lives easier for BH recipients, system for consumers and better outcomes
 - Better communication about resources
 - Engagement in services
 - Reduce redundancy, improve efficiency
 - First Responder Training physical and mental
- Things that are stressors?
 - Traffic, hostility, out of control, no stress, suffering seen in the streets, elected who don't do anything to help, MH and health care system, Newsom's order and Supreme Court decision, divisive dialogue, dishonesty, misuse of power, open mind, lack of consensus on big stuff, bringing our different passions towards same direction, personal insults, negativity, power over others rather than with, understand/listen to different points, no prejudgment
- Things that are revitalizing? Outside, nature, change in G force, Continue to provide support to needs of young and old, meditation, gardening, support for letter, being with people with no care, work from staff/community, collaboration, conscious full spectrum response, learning every day, helping others, exercise, serenity prayer, dogs, community, family, love, Muay Thai, tattoos, sweat lodge, impact on others
- IV. Discussion on revised Santa Cruz County Code 2.104
 The MHAB discussed the revised Santa Cruz County Code and agreed to exclude the sobriety clause and increase the membership to 17 total.

Motion to exclude the sobriety clause: Mike Neidig

Second: Antonio Rivas

Ayes: Antonio Rivas, Celeste Gutierrez, Dean Kashino, Jeffrey Arlt, Jennifer Wells Kaupp, Laura Chatham, Michael Neidig, Valerie Webb, Xaloc Cabanes Nays: None Motion passed.

Motion to increase the board size to 3 members per district plus 2 Transitional Age Youth (one from Districts 2, 4 and one from Districts 1, 3, 5), total of 18 board members: Michael Neidig

Second: Jeffrey Arlt

Ayes: Antonio Rivas, Celeste Gutierrez, Dean Kashino, Jeffrey Arlt, Jennifer Wells Kaupp, Laura Chatham, Michael Neidig, Valerie Webb, Xaloc Cabanes

Nays: None Motion passed.

V. Review 2023-2024 Goals/Objectives

- o Respond to Grand Jury Report with specific recommendations and findings. Done
- Be involved in Personnel activities: recruit/hire/advocate. Done
- o Increase crisis chairs and inpatient beds to 137. Advocated for it.
- Support sexual assault services (survivors) and educating children/family members, provide program information on how sexual assault/abuse and mental health are connected. – Not done
- o More Youth Representation 2 youth representatives in the past year
- Bring housing and mental health closer with permanent and supportive housing. –
 Currently striving to work on it.
- Site Visits at 7th Avenue and Santa Cruz County Jail (Wellpath). Wellpath no longer at jail, did not visit 7th Avenue (Front Street).
- o Wellness Summit: create a safe place for targeted groups. No one participated.

VI. 2024-2025 Goals/Objectives

- Site Visits at Jail, Encompass, Janus
- Attend grand opening of the Children's Crisis Center at 5300 Soquel
- Ask Director to prioritize site visits (for the MHAB)
- Do site visit and ask if MHAB meeting can be held in that facility for that month
- Visit armory and Housing Matters
- Tour of County BH building/facility
- Needs:
 - Education, presentations on fundamentals, duties and jurisdiction of BH
 - Onboarding ad hoc subcommittee
 - Engagement services / more publicity, update website
 - Crisis continuum stakeholder committee

VII. Board Member Commitments and Calendar of Events for the Upcoming Year

- Prepare in April for Mental Health Awareness month in May
- Prepare in August for Suicide Awareness Prevention month in September

- Attend health fairs, farmers market
- Attend supervisor community meetings
- Suggestion Align the site visits as it relates to the month on the calendar, and as it relates to letters of recommendation to BOS with evidence of what was discovered at the site visit, and then do a 6-month follow-up by checking in with BOS to find out how they have responded or done since the recommendation.
- VIII. Committees formation of committees to be done at the next meeting.

IX. Election of Board Officers

Motion to keep the current officers for the next year (Chair: Xaloc Cabanes, Co-Chair:

Mike Neidig, Secretary: Jeffrey Arlt): Antonio Rivas

Second: Dean Kashino

Ayes: Antonio Rivas, Celeste Gutierrez, Dean Kashino, Jeffrey Arlt, Jennifer Wells Kaupp, Laura Chatham, Michael Neidig, Valerie Webb, Xaloc Cabanes

Nays: None

Motion passed.

- X. Discussion on changing the day and time of regular meetings and meeting locations. The Board will continue conversation at the next meeting.
- XI. Adjournment

Meeting adjourned at 1:45 p.m.

Summary

This is an August 2024 Patients' Rights Advocate Report from the Patients' Rights Advocacy program. It includes the following: telephone calls, reports, and emails. It includes a breakdown of the number of certified clients, the number of hearings, and the number of contested hearings. It also includes a breakdown of Reise Hearing activity, including the number of Riese Hearings filed, the number of Riese conducted, and the number that were lost.

Patients' Rights Advocate Report

August 2024

e PHF

On August 6, 2024, this writer while conducting a walk through to the Telecare facility a client approached me about leaving the facility. This client and this writer discussed the client's situation. This writer advised my client to file a writ of Habeas corpus and assisted the client in following through. (Who to speak to and the location of the office on the unit)

On August 6, 2024, a client approached me to complain about the lack of a shower curtain. This writer received permission to speak with staff. This writer spoke with the treating psychiatrist and the director of nursing. Through some investigation staff determined that the client was not under a denial of right of privacy and that staff simply did not replace the shower curtain after cleaning.

7th Avenue Center

On August 7th, this writer received a call from a resident who complained about her conservator. She explained that her conservator has not been responsive to her financial needs. This writer got permission to speak with the resident's conservator and the contact number. The conservator informed me that she was aware of the client's concerns and would be at the facility to meet with the client the following Thursday. This writer contacted the client with this information. She voiced appreciation for my actions on her behalf.

On August 18, 2024, this writer received a report of resident-to-resident abuse. The report alleged perpetrator was sent back to the county of origin. I attempted to speak with the reported victim, but he declined to meet with this writer. I obtained further information from the staff who reported that this resident did not want to contact local law enforcement and had been medically cleared by nursing staff

August2024

First Quarter

1. TOTAL NUMBER CERTIFIED	12
2. TOTAL NUMBER OF HEARINGS	12
3. TOTAL NUMBER OF CONTESTED HEARINGS	7
4. NO CONTEST PROBABLE CAUSE	5
5. CONTESTED NO PROBABLE CAUSE	2
6. VOLUNTARY BEFORE CERTIFICATION HEARING	
7. DISCHARGED BEFORE HEARING	
8. WRITS	
9. CONTESTED PROBABLE CAUSE	10
10. NON-REGULARLY SCHEDULED HEARINGS	

^{*}One hearing uncontested but released due to facility error

Ombudsman Program & Patient Advocate Program shared 0 clients in this month

(shared = skilled nursing resident (dementia) sent to behavioral health unit or mental health client placed in skilled at Telecare (Santa Cruz Psychiatric Health Facility)

Reise Hearings. /Capacity Hearings

Total number of Riese petitions filed by the Telecare treating psychiatrist: 1

Total number of Riese Hearings conducted: 1

Total number of Riese Hearings lost: 1

Total number of Riese Hearings won: 0

Total number of Riese Hearings withdrawn: 0

Hours spent on conducted hearing representation: .50

House spent on all Reise hearings: Reise appeal:

Respectfully: Davi Schill PRA,

George Carvalho, PRA

10-SEP-2024 DRAFT

(Local Behavioral Health Board or Commission) Address Phone

Re: Request.

To: (Local Behavioral Health Board or Commission)

We, the Santa Cruz County Mental Health Advisory Board, request that the (Local Behavioral Health Board or Commission) send a letter of recommendation to your BOS requesting that they send a letter to your local congressional representative requesting that they cosponsor HR8575, the Michelle Go Act, authored by Representative Dan Goldman of New York. This act expands the Medicaid program's reimbursement to Institutions for Mental Diseases (IMD) from 16 beds to 36 beds and for patients between the ages of 22-64. We have successfully done this is Santa Cruz and we are awaiting to hear back from our congressional representatives.

We have attached our letter of recommendation that you may use as your template as well as a copy of the HR8575 text. HR 8575 currently has 11 cosponsors (there is no limit to the number of cosponsors), including 3 from California: Rep. Tony Cardenas D-CA29, Rep. Grace Napolitano D-CA 31, and Rep. Julia Brownley D-CA26.

Thank you for your service.	
Please do not hesitate to contact	, should you have any questions.
Santa Cruz County Mental Health Advisory	Board

Local Behavioral Health Boards and Commissions Contact Info

- 1. Alameda Mental Health Advisory Board <u>ACBH.MHBCommunications@acgov.org</u>3rd Mon, 3 5pm In-person & Online
- 2. Alpine Mental Health Advisory Board (530) 694-1816 4th Wednesday, 12pm 1pm In-person
- 3. Amador Behavioral Health Advisory Board (209) 223-6412 3rd Wed, 3:30pm 5pm In-person
- 4. Berkeley (City) Mental Health Commission 4th Thurs, 7pm 9pm In-person Jamie Works-Wright Health, Housing, and Community Services (510) 981-7721 BAMHC@berkeleyca.gov
- 5. Butte Behavioral Health Advisory Board 530-891-2850 3rd Wed, 3pm 5pm In-person & Online
- 6. Calaveras Mental Health Advisory Board 1st Tues, 3:30pm 5pm In-person
- 7. Colusa Behavioral Health Board 2nd Tues, 3pm In-person & Online
- 8. Contra Costa Mental Health Commission 1st Wed, 4:30pm 6:30pm In-person & Online
- 9. Del Norte Local Behavioral Health Board 1st Mon (Every 2 Months), 12pm In-person & Online
- 10. El Dorado Behavioral Health Commission 3rd Wed, 5 pm In-person & Online
- 11. Fresno Behavioral Health Board 3rd Wed, 3:30pm 5:30pm In-person
- 12. Glenn Behavioral Health Advisory Board 2nd Tues, 3pm In-person & Online
- 13. Humboldt Behavioral Health Board 4th Thurs, 12:15pm In-person & Online
- 14. Imperial Behavioral Health Advisory Board 3rd Tues, (Time Varies) In-person & Online
- 15. Inyo Behavioral Health Advisory Board 2nd Wednesday, 2:30pm In-person & Online
- 16. Kern Behavioral Health Board 4th Mon, 5:30pm 7:00pm In-person
- 17. Kings Behavioral Health Advisory Board 4th Mon, 12pm 1:30pm In-person & Online
- 18. Lake Mental Health Board 2nd Thurs (every other month), 4pm 5pm In-person & Online
- 19. Lassen Behavioral Health Advisory Board 2nd or 3rd Mon (Varies), 5:30pm In-person
- 20. Los Angeles Mental Health Commission 4th Thurs, 11am 1:30pm In-person & Online
- 21. Madera Behavioral Health Advisory Board 3rd Wed, 11:30am ~ 1pm In-person

- 22. Marin Behavioral Health Board 2nd Tues, 6pm 7:30pm In-person & Online
- 23. Mariposa Behavioral Health Board 1st Wed, 12:30 pm 2 pm In-person & Online
- 24. Mendocino Behavioral Health Board 4th Wed, 10am (Varies) In-person
- 25. Merced Behavioral Health Advisory Board 1st Tues, 4pm 6 pm In-person & Online
- 26. Modoc Behavioral Health Advisory Board 3rd Thurs, 3:30pm In-person & Online
- 27. Mono Behavioral Health Advisory Board Varies, usually 2nd Monday (Every 2 Months), 3pm 4:30pm In-person & Online
- 28. Monterey Behavioral Health Commission Last Thurs, 5:30pm In-person & Online
- 29. Napa Behavioral Health Board 2nd Mon, 4pm 6 pm In-person
- 30. Nevada Mental Health & Substance Use Advisory Board 1st Fri, 10 12pm (No meeting in July) In-person
- 31. Orange Behavioral Health Advisory Board 4th Wed, 10am 11:45am In-person & Online
- 32. Placer Mental Health, Alcohol and Drug Advisory Board 4th Mon, 6:15pm (Times may vary) Inperson & Online
- 33. Plumas Behavioral Health Commission 1st Wed, 1pm 3 pm In-person & Online
- 34. Riverside Behavioral Health Commission 1st Wed, 12pm 2pm In-person & Online
- 35. Sacramento Mental Health Board 1st Wed, 6pm 8pm In-person & Online
- 36. Sacramento Youth Behavioral Health Youth Advisory Board 1st & 3rd Tues, 5pm 7pm Inperson & Online
- 37. San Benito Behavioral Health Board 3rd Thurs, 12pm-1:30pm In-person
- 38. San Bernardino Behavioral Health Commission 3rd Thurs, 12pm 2pm In-person & Online
- 39. San Diego Behavioral Health Advisory Board 1st Thurs, 2:30pm 5pm In-person & Online
- 40. San Francisco Behavioral Health Commission 3rd Thurs, 6pm 8pm In-person & Online
- 41. San Joaquin Behavioral Health Advisory Board 3rd Wed, 5pm In-person
- 42. San Luis Obispo Behavioral Health Board 3rd Wed, 3pm In-person

10-SEP-2024 DRAFT

- 43. San Mateo Behavioral Health Commission 1st Wed, 3pm 5pm (No meeting in August) Inperson & Online
- 44. Santa Barbara Behavioral Wellness Commission 3rd Wed, 3pm 5pm In-person & Online
- 45. Santa Clara Behavioral Health Board 2nd Mon, 12pm In-person
- 46. Santa Cruz Mental Health Advisory Board 3rd Thurs, 3pm-5pm In-person & Online
- 47. Shasta Mental Health, Alcohol and Drug Advisory Board 2st Wed (Every other month), 5:30pm In-person & Online
- 48. Sierra Behavioral Health Advisory Board 1st Thurs, 9:30am 11am In-person & Online
- 49. Siskiyou Behavioral Health Board 3rd Mon, 3:30pm In-person & Online
- 50. Solano Behavioral Health Advisory Board 3rd Tues, 3:30pm 5pm In-person
- 51. Sonoma Mental Health Board 3rd Tues (Every other month), 5pm 7pm In-person & Online
- 52. Stanislaus Behavioral Health Board 4th Thurs, 5pm In-person
- 53. Sutter-Yuba Behavioral Health Advisory Board 2nd Thurs, 5pm In-person & Online
- 54. Tehama Behavioral Health Advisory Board 3rd Wed, 12:15pm-1:30pm In-person & Online
- 55. Tri-City Mental Health Commission 2nd Tues, 3:30pm In-person & Online
- 56. Trinity Behavioral Health Services Board 3rd Wed, 12 pm In-person & Online
- 57. Tulare Mental Health Board 1st or 2nd Tues (Varies), 3pm In-person & Online
- 58. Tuolumne Behavioral Health Advisory Board 1st Wed, 4pm In-person
- 59. Ventura Behavioral Health Advisory Board 3rd Mon, 1pm 3:30pm In-person & Online
- 60. Yolo Local Mental Health Board 1st Wed, 6pm 8pm In-person & Online